How to put on your Microfine Toecap

Note: Cover open wounds and remove jewellery before applying.

- 1. Make sure seams on Toecap face outward.
- 2. Insert toes and foot into the Toecap opening.



3. Position the Toecap so that it fits comfortably over the toes and foot



4. Work Toecap in between your toes to web space





Trim to fit

If the toe lengths are too long, mark the toe at the appropriate length, remove the Toecap, then trim the length of the Toecap to the marked area and reapply. Be careful not to remove too much of the toe length.

How to remove

To remove loosen by gently pulling the end of each toe on the Toecap and slide off the foot.